

County Executive

Ann Edwards

Deputy County Executive

Bruce Wagstaff
Social Services



Department of Health Services

Chevon Kothari, Director

Divisions

Behavioral Health Services
Primary Health
Public Health
Departmental Administration

County of Sacramento

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YOUTH ATHLETICS COVID-19 MITIGATION AND FACE COVERING REQUIREMENTS

CDPH has permitted local health jurisdictions to implement local exemptions to the requirement for masks during play for some indoor sports. For high intensity **indoor** youth athletic programs (basketball and volleyball), participants in Sacramento County must do one of the following:

- a. Wear a mask at all times, including during practice, scrimmages, and game play (no testing requirements), **or**
- b. Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

Masks must continue to be worn by all participants when not actively engaged in practice, scrimmages, or game play.

All participants and coaches are strongly encouraged to get fully vaccinated against COVID-19.

This local exemption, which is effective immediately, is limited to the specific aforementioned activities. It will be re-evaluated on an ongoing basis and is subject to change or removal.

Other indoor school activities, such as performing arts and music, are still under consideration by CDPH, and we will provide updates as they become available.

Sincerely,

Olivia Kasirye, MD, MS
Public Health Officer

Division of Public Health

Olivia Kasirye, MD, MS
Public Health Officer

SACRAMENTO COUNTY



7001-A East Parkway, Suite 600A
Sacramento, CA 95823
phone (916) 875-5881
fax (916) 854-9709
www.scph.com